

DES MOINES

CITY CURRENTS

Fall 2025

**Support Those Who
Serve Our Community**

SEE PAGE 8

**Summer Time
Can Be a
Challenge**

SEE PAGE 14

**Ordinance
Update:
Middle Housing
and Accessory
Dwelling Units**

SEE PAGE 14

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Fall 2025 *What's Inside*

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www.desmoineswa.gov



City Council

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Jeremy Nutting	JNutting@desmoineswa.gov

City Offices

City Attorney	(206) 870-6518
City Clerk	(206) 870-6552
City Manager	(206) 870-6519
Community Development	(206) 870-7576
Engineering	(206) 870-6525
Facilities Rentals	(206) 870-9370
Finance Director	(206) 870-6510
Marina	(206) 824-5700
Municipal Court	(206) 878-4597
Police Department	(206) 878-3301
Public Works/Park Maintenance	(206) 870-6559
Recreation	(206) 870-6527
Senior Services	(206) 878-1642

Other Numbers

Emergency	911
Animal Control	(206) 812-2737
Field House	(206) 870-6527
Fire (non-emergency)	(253) 839-6234
Library, Des Moines	(206) 824-6066
Library, Woodmont	(253) 839-0121
Police Dispatch (non-emergency)	(206) 878-2121

Utilities and Services

Century Link	(800) 573-1311
Recology King County	(206) 762-4900
Comcast	(877) 778-7008
Highline Water District	(206) 824-0375
Lakehaven Water/Sewer	(253) 941-1516
Midway Sewer District	(206) 824-4960
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DES MOINES CITY CURRENTS
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From the Mayor



By Mayor
Traci Buxton

As we move into a new season that is traditionally associated with harvest and plenty, I can't help but consider our City. I firmly believe that we will enter a season of harvest ... but we are still

in an energetic and productive planting phase.

Our administration has transitioned, and we are investing in new ideologies; about our budget, about communication and community input, about economic development, and about our future, regional place.

This year, our Council declared through our Vision Statement that we seek to be the, "Premier waterfront destination in the Pacific Northwest." How will we get there? We will begin with a Strategic Plan; addressed by our

City Manager in this issue.

As this process unfolds, I am hoping we recognize the unique gifts we bring to our own residents, and to the region. A regional perspective will invoke a plan that draws others; businesses, artists, investors, visitors—and resource—into our City. This is what we need in order to remain sustainable in service to our citizens.

A regional perspective also recognizes that a small city like ours cannot do every good thing; have every innovative park, conduct every cool event, support every amazing program, or host every essential non-profit. We must lean on our neighbors for many of these attractive features if we are to be excellent with our own unique strengths.

I have heard people say, "Why can't Des Moines have (that park in Kent, that market in Tukwila, that bakery in Burien)?" However, if we consider

walking/biking/driving distance, many of these other-city-attractions are actually closer to Des Moines residents than they are to many of their own residents.

A regional perspective will not only help us to recognize our unique value to others, but release us to enjoy, and be thankful for our neighbors (and their taxes!)

I believe this perspective is what will help provide great community input for our Strategic Planning process, and help our Council to choose wisely as we move through it.

A strong and successful Strategic Plan is a promise of an abundant harvest and a community with plenty. Am I allowed to say that this is even a better thought than a Pumpkin Spice Latte?

Happy Autumn!

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Council Highlights

CITY COUNCIL HIGHLIGHTS FROM APRIL 2025 - JULY 2025 ORDINANCE – 1818-1826, RESOLUTION – 1482-1488

Ordinances:

- No. 1818: Alarm Systems and False Alarms
- No. 1819: Lakehaven Utility District Franchise Update and Extension
- No. 1820: Accessory Dwelling Unit Regulations
- No. 1821: Middle Housing Regulations
- No. 1822: Commute Trip Reduction Plan
- No. 1823: Municipal Finance repealing DMMC Chapter 3.12
- No. 1824: Municipal Finance Updating and Amending DMMC 3.20.020
- No. 1825: Telecommunications Franchise Agreement with HyperFiber
- No. 1826: Anti-Cruising

Resolutions:

- No. 1482: 2026 South King Housing and Homelessness Partners Work Plan and Operating Budget
- No. 1483: Development Agreement with Woodmont Beach Apartments LLC
- No. 1484: Ad-Hoc Airport Committee
- No. 1485: Public Works Contracting Policies
- No. 1486: 2026-2045 Transportation Improvement Plan
- No. 1487: Investment Policy
- No. 1488: City Council Protocol Manual Update

Contracts, Agreements & Task Assignments:

- Contract With FCS Group For Long-Range Financial Plan And Development Impact Analysis
- 4th of July Drone Show at the Marina
- Addendum 2 with Moffatt & Nichol Engineering - L, M, & N Dock Replacement Project
- North Hill Elementary Walkway Improvements Project – Consultant Contract Supplement #1
- 2025 Des Moines Farmers Market Agreement

- Interlocal Agreement with Highline Water District for Barnes Creek Trail/240th Street Improvement Project
- Public Defense Services Contract Extension
- Water Resource Inventory Area 9 – Interlocal Agreement Renewal
- South King Housing and Homelessness Partners 2026 Budget and Work Plan
- Amended Interagency Agreement between the Washington State Department of Transportation and the City of Des Moines – Agreement GCB 3807
- Construction Support Services with Moffatt & Nichol
- Woodmont Beach Apartment LLC Development Agreement
- Annual Generator Maintenance Agreement
- State Parks Grant Agreement for Funding of Annual Operation and Maintenance of the New Pump-out Equipment
- Therapeutic Court Grant Update
- 10th and 270th Construction Contract Award
- Redondo Fishing Pier Replacement Project – Construction Contract and Consultant Services Agreement Award
- City Strategic Plan & Facilitation Services Professional Services Agreement with Raftelis
- 2025 Department of Ecology Local Solid Waste Financial Assistant Agreement

Council Authorizations:

- Sixgill Shark Capital of the World
- City Logo
- Airport Advisory Committee Establishment and Appointments
- Citizens Advisory Board Appointments
- City Council Protocol Manual Update and Adoption

DES MOINES CITY COUNCIL



Traci Buxton
Mayor



Harry Steinmetz
Deputy Mayor



Gene Achziger
Councilmember



Yoshiko Grace Matsui
Councilmember



JC Harris
Councilmember



Matt Mahoney
Councilmember



Jeremy Nutting
Councilmember

1st Thursday
Council of the Whole
starting at 5:00pm;
Council Study Session
at 6:00pm

2nd and 4th Thursdays
Council Meeting starts
at 6:00pm

Proclamations:

- Black Wellness Week Proclamation
- South Sound Boating Season Opening Day Proclamation
- Sexual Assault Awareness Month Proclamation
- Laborers LiUNA Local 242 Day Proclamation
- National Police Week Proclamation
- National Public Works Week Proclamation
- LGBTQIA+ Pride Month Proclamation
- Des Moines Farmers Market 20 Year Proclamation



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From the City Manager



By City Manager
Katherine Caffrey

Help Shape the Future of Des Moines — Your Voice Matters!

Des Moines is at a pivotal moment—and your voice can help shape what comes next.

The City is developing a new

Strategic Plan: a long-term roadmap that will guide decision-making, budget priorities, and the overall direction of our community for years to come. This plan isn't just about policies and projects—it's about people, and what matters most to you.

In my ten months as your City Manager, I've heard residents share their hopes and big ideas for the future of Des Moines. I want to help bring those ideas to life. But as you know, our resources—especially tax dollars—are limited. That means we need to focus our time, staff, and funding on

the priorities that matter most to our community.

That's where you come in. Over the next several months, the City will be launching a series of opportunities for you to get involved and share your input. Your feedback will help guide the City Council as they shape the goals and strategies in the plan.

Community engagement activities will begin this fall and will include:

Community meetings where you can share your ideas directly with City leadership.

An online survey to provide input from the comfort of your home.

Outreach across the city to hear from as many voices as possible—including events, pop-ups, and partnerships with

local organizations.

This is a defining time for our city. Growth, economic pressures, and environmental change are all influencing how we plan for the future. With your insight, we can build a vision that reflects our shared values and aspirations.

We'll be sharing more information soon, and I hope you'll join us in shaping the future of

Des Moines. Visit www.desmoineswa.gov/StrategicPlan for updates and upcoming engagement opportunities.

Growth, economic pressures, and environmental change are all influencing how we plan for the future.

Katherine Caffrey
City Manager
206-870-6519
kcaffrey@desmoineswa.gov

Support Those Who Serve Our Community

The Des Moines Police Foundation is dedicated to supporting the men and women of the Des Moines Police Department through programs that recognize their hard work—from appreciation lunches to events like Shop with a Cop that help build trust and strengthen connections between law enforcement and our community.

We're looking for passionate volunteers and dedicated board members to help us expand our impact. Whether you have time to assist with events or want to contribute your expertise at the leadership level, your involvement makes a real difference in supporting our officers and fostering a safer, stronger community.

Join us today. Together, we can continue making a positive impact.

Learn more at: www.desmoinespolicefoundation.com



Visit us at our Open House!

Oct. 8 | 5:30-8pm

Dec. 13 | 10am-Noon

RSVP NOW



www.kennedyhs.org/openhouse

How we spent our summer Building community



For 26 years the Des Moines Legacy Foundation has worked to build community by supporting kids, seniors and the arts.

Thank you Des Moines and please join us

From our primary fundraiser, the Bayside Sneaker Ball, to the Waterland Children's Festival, Legacy has joined with our community partners and the City of Des Moines to bring joy to the community. Along the way we've contributed to the Fieldhouse playground, extended the free-swim program at Mount Rainier Pool, supported the Food Bank, provided for recreation at Midway Park and much more.



Message from Chief Boe



By Chief of Police Theodore Boe

I can't believe it has been a year already since Des Moines entrusted me to run their police department. First off, I need to commend the amazing men and women serving your community, in uniform and behind the scenes.

I would put this team up against any department out there for their service to our community.

I want to take a moment to look back on a couple of accomplishments in my first year. My tenure started with some really difficult budget decisions, including cutting staff members and service areas. One of my priorities was to fill the gaps with grant money, particularly in keeping a Mental Health Co-Responder serving those in crisis.



We were awarded a grant that assures this position is fully funded until June 2027. We have also been successful in upgrading several equipment items through grant support, including our body worn camera systems and our Tasers. These equipment upgrades have saved the city over \$150,000.

We also have focused on crime reduction through aggressive enforcement of all laws from traffic enforcement through violent crime.

The 2024 Crimes in Washington report shows crime in our city was reduced by 11% compared to 2023 rates, led by reductions in burglary (-44.6%) and auto theft (-46.6%). We also saw a 200% increase in the enforcement of drug possession in the city. Fighting crime is the responsibility of everyone in our community and we are honored to do our part to increase public safety.

It is my privilege to serve as your Police Chief and I look forward to our future in keeping Des Moines a great place to live, work and play.

— Chief Theodore “Ted” Boe

Fall 2025 Swim Lessons at Mount Rainier Pool



REGISTRATION DATES AND PRIORITIES

Student Type	Date and Time
Current Students (participated in Summer 2025)	Tuesday, Sept 9 @ 4:30pm
Non-Current Des Moines & Normandy Park Residents	Friday, Sept 12 @ 5-6:30pm
Non-Current, All Others	Friday, Sept 12 @ 6:30-8pm

Scholarship applications must be submitted by **Friday, Sept 5** for up to 90 percent off tuition (residents only)

TUITION No prorating or fee discounts after session begins. A \$10 cancellation processing fee applies

Participant Type	Price Per 8-Class Session
Residents (all ages/levels)	\$68
Non-residents	\$82

CLASS SCHEDULE DETAILS

Classes are 25-30 minutes long, depending on the level
Exact class times will be posted Thursday, Sept. 4

Day	Time	Hours	Class dates
Mon/Wed	Evenings	4-6 pm	10/13-11/5 (8 classes)
Sat	Mornings	8:30-11:30 am	9/20-11/8 (8 classes)



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FALL QUARTER STARTS SEPTEMBER 22



SCAN to learn more!

Summer Time Can Be a Challenge



Did you know that over 81% of all Highline School District kids qualify for free and reduced meal support at school? In our area, several schools are over 90%! Kids who are supported with school breakfast and lunch during the school year can find summer challenging. Hunger doesn't take a vacation!

The Des Moines Area Food Bank has been there to help with free lunch and/or snack service at over 20 sites in the greater Des Moines, SeaTac, and Burien area this summer. We showed up

at places where kids hung out like the beach, local parks, apartment complexes, churches, and programs like the YMCA, Para Los Niños, and Neighborhood House. By the time our program ends on August 30, we will have served upwards of 20,000 meals. Summer meals are prepared and served by a seasonal staff of 17 youth and young adults this year. When interviewed for their positions, many youth told us that they wanted to help because they



had received meals from the food bank as kids. It is beautiful to see young people "paying it forward." Summertime is also a great time for fresh bounty. As a food bank, we have the opportunity to rescue fresh foods that were overstock or refused delivery at fantastic rates: 40 lb boxes of bananas at \$2.00, 18 lb boxes of cherries at \$2.00, 25 lb boxes of peppers at \$12.00, and 48 count boxes of celery at \$12.00. If you want to

help spread this bounty and prevent produce from going into the landfill, consider a donation to the food bank. We can use our connections to make the most of your support!

If you are in need of food, summer meals for kids, or just want to support families in need, please visit our website at www.myfoodbank.org for more info or call us directly at (206) 878-2660. Thanks!



Des Moines Essentials Bank

The Des Moines Essentials Bank, a ministry of the Des Moines United Methodist Church, provides small household items and children's clothing free of charge. As you close out the summer garage sale season, please consider donating your leftover household items and children's clothing to the Essentials Bank. Their biggest current needs right now include pots and pans and silverware. If you would like to visit, donate items or volunteer with the Essentials Bank, information can be found on their website at www.desmoinesessentialsbank.org.



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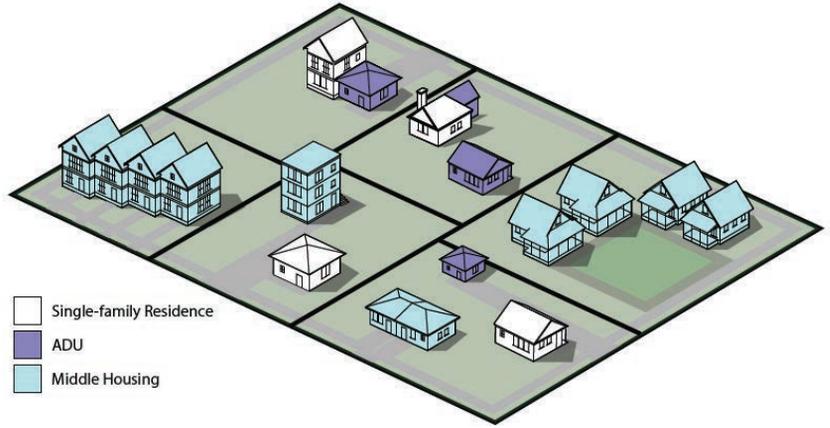
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Middle Housing and Accessory Dwelling Units



Single-family Residence
ADU
Middle Housing

At the June 12, 2025, City Council meeting, the Council approved Accessory Dwelling Unit Ordinance No. 1820 and Middle Housing Ordinance No. 1821 in compliance with the Accessory Dwelling Unit and Middle Housing State legislation, HB 1337 and HB 1110. The purpose of middle housing and accessory dwelling units (ADUs) is to increase housing capacity and allow various middle housing types in residential zoning districts where they were not previously allowed.

Key things homeowners should know:

Development standards - Middle housing and ADUs are subject to



Single-family residence
ADU
Middle Housing Unit

the development standards of the underlying zone in which the property is located. This includes requirements for required height, lot coverage, setbacks, etc.

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Middle housing types - Des Moines now accommodates the following types of middle housing: duplexes, triplexes, fourplexes, townhomes, stacked flats, and cottage housing.

Density - The City allows up to 4 units per lot or 24 units per acre (whichever is greater) as calculated on a site-by-site basis. Both primary and accessory dwelling units count toward that 4-unit maximum, and a maximum of up to 3 ADUs are permitted per lot.

ADU and cottage housing sizes - ADUs can range between 350 to 1,200 square feet, while cottage housing can range between 500 to 1,600 square feet.

Parking - No off-street parking is required for any dwelling units 1,200 square feet or less or for middle housing units located within one-half mile walking distance of a major transit stop.

ADU conversions - A legally permitted garage may be converted into an ADU, even if it does not meet today's setback and lot coverage zoning requirements.

For a complete breakdown of Ordinance Nos. 1820 and 1821, visit the City's website (<https://desmoines.civicweb.net/filepro/documents/84762/>) or contact dmplanning@desmoineswa.gov.



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Attend the swap to choose a new-to-you costume on
FRIDAY, OCTOBER 3RD
DROP-IN 4-6PM

Des Moines Field House, 1000 S 220th Street



Des Moines
WATERLAND CITY

2025 FALL FESTIVAL & COMMUNITY RESOURCE FAIR



- Games
- Family Fun
- Touch a Truck
- Food

DISCOVER RESOURCES AVAILABLE IN YOUR COMMUNITY!



WHEN:

SATURDAY, OCTOBER 18, 2025, 10:00AM-1:00PM



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RECREATION CLASSES & PROGRAMS

Recreation Programs at a Glance



For Kids

- Club KHAOS Afterschool Care
- School Age Break Camps
- Indoor Tot Time
- Youth Open Gym – Basketball
- Youth Basketball League
- Skyhawks Sports Programs
- Preschool Art with Amy
- School Age Art with Amy
- Melanie's Dance Unlimited

For Adults & Teens

- Good Manners – Basic Dog Obedience
- Adult Self Defense Class
- Basket Weaving
- Adult Open Gym - Basketball

Family Fun

- Halloween Costume Swap 10/3
- Boo Bash Family Dance Party 10/18
- Breakfast With Santa Tickets on Sale 11/12

Contact Us

- Phone: 206-870-6527
- Email: recreation@desmoineswa.gov
- Facebook: @desmoinesparksandrecreation
- Website: www.desmoineswa.gov/registration
- Field House Address: 1000 S 220th St., Des Moines, WA 98198
- Activity Center Address: 2045 S 216th St., Des Moines, WA 98198

What You Need To Know

WHERE TO FIND US

Des Moines Field House:

- 1000 S 220th St
Des Moines, WA 98198
- Office Hours:**
Mon-Fri, 8am-4:30pm
Evenings based on Programming

Contact:

- (206) 870-6527
- desmoineswa.gov/registration
- recreation@desmoineswa.gov

HOW TO REGISTER

Online, in person, or by phone.
Debit/Credit Card or Check only.

PHOTO POLICY

Photos of participants in any program or event may be used in future posts or publications or for promotion of City of Des Moines Parks, Recreation, and Senior Services activities.

REGISTER EARLY!

Programs that do not meet registration minimums are subject to cancellation. Participants in programs cancelled for low enrollment will be fully refunded.



FOLLOW US ON FACEBOOK
@DesMoinesParksandRecreation



REFUND POLICY Refund policy differs depending on type of program, time of year, and program fee schedule. Please visit www.desmoineswa.gov and follow the links through the Parks & Recreation Department, Registration Information, and Refund Policy for more information.

YOUTH ACTIVITIES

Club KHAOS: Kids Having An Outrageous School Year!

Our energetic and dedicated staff will ease you and your kids into an outrageous school year filled with fun, friendships and enriching experiences to stimulate their imagination, and spark their learning skills. Students will be bussed from Des Moines, Marvista, Midway, North Hill, and Parkside Elementary Schools to the Des Moines Field House, where they will be welcomed into the activities of the afternoon! Participants must be picked up at the Field House before 6pm or late pickup fees will apply. Pre-Registration is required, 3-5 day options available, you choose the days. Registration opens for upcoming month on the 20th, closes each week Monday at 8 am.

- Monday-Friday throughout the school year
- Monday-Thursday 3:45-6pm; Fridays 2:15-6pm
- No Program Days*:
- October 10th (Collaborative Teacher Work Day)
- November 3rd (No School Day)
- November 11th (Veteran's Day)
- November 24th-26th (Conferences)
- November 27th-28th (Thanksgiving Break)
- December 22nd-Jan 2nd (Winter Break)
- Prices: (Resident/Non-Resident)
- One Time Registration Fee: \$30/\$35
- Daily Rate: \$24/\$29
- Late Registration Fee: \$25 OR \$1/minute until pick up**
- Location: Field House

*Program Dates & Times Subject to Change due to School District Schedules

**If an unregistered student arrives at the Field House via bus for Club KHAOS, parents/emergency contacts will be notified immediately by phone and subject to a \$25 late registration fee in addition to the price of registering for the week, OR \$1 per minute until that student is picked up from the Field House.

Club KHAOS: Break Camps

This is your solution to not having time off when your child does! Break Camp at the Field House provides a warm, caring, and safe environment where friendships flourish and leadership skills blossom. We will facilitate enrichment activities including arts & crafts, games, homework help, and reading. Children stay active by participating in gym games and athletics, playing outside when weather permits. You send lunch, we provide nutritional snacks!

- October 10th – Register September 10th
- November 3rd – Register October 3rd
- November 24th-26th – Register October 24th
- Winter Break – Register November 22nd
- Time: 8am-6pm
- Ages: Grades K-5
- Prices: Daily Rate \$50R/\$55NR
- Location: Field House Studio

Indoor Tot Time – Returns September 16th!

Keep your little ones active with exercise and play! We will have fun tumbling mats, ride-on toys, and age-appropriate sports equipment available in the gym. Join in the fun and watch them make new friends along the way. We follow the Highline School District calendar, if elementary students are out of school on a Tuesday or Thursday, Tot Time is closed.

- Tuesdays & Thursdays, 10am-12pm
- Ages: Crawlers – 5y
- Prices: \$3.00 drop in, \$25.00 for 10-visit punch pass
- No Program Days:
 - November 11th
 - December 23rd, 25th, and 30th
- Location: Field House Gym

Youth Open Gym – Basketball

Keep your basketball skills sharp by putting in some extra hours on the court with your parent, or setting up a pickup game with your friends. **This time is designated for open gym use by individuals and their parents/guardians, not as extra practice time for teams or groups**

- Mondays, 4:30-6pm
- Ages: 5-17 w/ Adult Guardian
- Prices: \$3.00 drop in, \$25.00 for 10-visit punch pass
- No Program Days:
 - September 1 (Labor Day)
- Location: Field House Gym

Youth Basketball League

Hoop season is here! Join us in learning the basics of basketball while playing in an effective team building and competitive environment! Your player will practice one weeknight evening per week, and have games on Saturdays at the Field House or local schools. Register online today at our website, www.desmoineswa.gov/daySMART. \$10 Early Bird Discount ends September 30th!

- Divisions: Coed Kindergarten, Coed 1st-2nd Grade, Boys 3rd-4th, Boys 5th-6th, Girls 3rd-4th, Girls 5th-6th

- Registration Open: September 2nd – November 3rd
- \$10 Early Bird Discount: September 2nd – 30th
- First Week of Practice: December 8th*
- First Games: January 10th, 2025*
- Last Games: March 7th, 2025*
- Prices: \$120R / \$135NR
- Location: Field House OR Local Elementary/Middle School Gyms

*could vary based on cancelled or rescheduled games throughout the season

Coaches are always needed for our Youth Sports Leagues! If you are interested in coaching a team of your

own, please reach out to us at recreation@desmoineswa.gov for more information.

Skyhawks Sports Programs

Skyhawks is the country's leader in providing a safe, fun, and skill-based sports experience for kids between the ages of 1.5 and 14. Register online today at www.skyhawks.com, you can find our programs by searching for programs in our zip code, 98198. Please note that there will be an additional \$10 registration fee for any registrations within 5 business days of the program start.



Dr. Bae has been recognized as a “SEATTLE TOP DENTIST” by her peers in the *Seattle Metropolitan Magazine*



Vivian H Bae DDS
FAMILY DENTAL CARE

PERSONAL, HIGH QUALITY DENTAL CARE

20710 1st Ave S, Des Moines, WA 98198 | 206-878-8180 | www.vivianbaedds.com

NOW HIRING

YOUTH SPORTS REFEREES

- NO REFEREE EXPERIENCE NEEDED
- PAID TRAINING OPPORTUNITIES
- SATURDAY MORNINGS & AFTERNOONS

VISIT DESMOINESWA.GOV
UNDER “NOW HIRING”
TO APPLY



RECREATION CLASSES & PROGRAMS

YOUTH ACTIVITIES

Hoopster Tots

- Ages 2.5-4, Wednesdays, 9/17-10/8 (four classes), 3:30-4:05pm, \$74
- Ages 2.5-4, Wednesdays, 11/12-12/10 (four classes, no 11/28), 4:15-4:50pm, \$74

Basketball

- Ages 5-8, Wednesdays, 9/17-10/8 (4 classes), 4:15-5pm, \$74
- Ages 9-12, Wednesdays, 9/17-10/8 (4 classes), 4:15-5pm, \$74
- Ages 5-10, Wednesdays, 11/12-12/10 (4 classes, no 11/26), 4:15-5pm, \$74

Tennis

- Ages 4-7, Fridays, 9/19-10/10 (4 classes), 4:45-5:30pm, \$74
- Ages 8-13, Fridays, 9/19-10/10 (4 classes), 5:40-6:45pm, \$74

Pickleball

- Ages 4-7, Saturdays, 9/20-10/11 (4 classes), 1-1:45pm, \$74
- Ages 8-13, Saturdays, 9/20-10/11 (4 classes), 2-2:45pm, \$74

Multi-Sport Tots (Basketball & Soccer)

- Ages 1.5-2.5, Mondays, 9/22-10/27 (6 classes), 10:30-11:05am, \$89
- Ages 2.5-3.5, Mondays, 9/22-10/27 (6 classes), 11:15-11:50am, \$89
- Ages 3.5-5, Mondays, 9/22-10/27 (6 classes), 12-12:35pm, \$89
- Ages 1.5-2.5, Mondays, 11/10-12/15 (6 classes), 10:30-11:05am, \$89
- Ages 2.5-3.5, Mondays, 11/10-12/15 (6 classes), 11:15-11:50am, \$89
- Ages 3.5-5, Mondays, 11/10-12/15 (6 classes), 12-12:35pm, \$89

Flag Football (At Steven J. Underwood Memorial Park)

- Ages 4-7, Tuesdays, 10/7-10/28 (4 classes), 4:15-5pm, \$74
- Ages 8-13, Tuesdays, 10/7-10/28 (4 classes), 5:15-6pm, \$74

Cheerleading

- Ages 4-12, Fridays, 11/14-12/12 (4 classes, no 11/28), 4:15-5pm, \$74

VolleyKats/Volleyball

- Ages 2.5-4, Thursdays, 11/12-12/11 (4 classes, no 11/27), 4:15-4:50pm, \$74
- Ages 5-8, Thursdays, 11/12-12/11 (4 classes, no 11/27), 5-5:45pm, \$74
- Ages 9-12, Thursdays, 11/12-12/11 (4 classes, no 11/27), 6-6:45pm, \$74

VOLUNTEER COACHES NEEDED

Can you make a difference in the life of a young athlete? The answer is YES!



Join us in making our Youth Sports Leagues a meaningful experience for all. If you are interested in coaching, contact us for more info!

YOU HAVE WHAT IT TAKES

- 2-4 hours per week during the season
- All supplies, schedules, facilities, and practice curriculum are provided
- There is one mandatory informational Coaches Meeting per season
- Practice schedules are flexible, we work with you and your team to find a time that is good for everyone
- We focus on player growth as a whole, on and off the field or court!

Call the Field House for more information: 206-870-6527



Preschool Art with Amy

Looking for a creative outlet for your preschooler? Come join us for art classes! We will do lots of fun and age-appropriate arts and craft projects including process art, painting, paper crafting, clay and wood crafting. Kids will be creating multiple art projects within each 4 week session (new projects each session). Expect to get messy and dress accordingly. We will end each session with "Wiggle Time", which will include songs, dancing and silly games to get those wiggles out! Parental participation is required for this class. Register online at our website, www.desmoineswa.gov/daysmart

- 4 classes, Wednesdays, 10:00-11:00am
- Session 1: Oct 1st, 8th, 15th, and 22nd
- Session 2: Oct 29th, Nov 5th, 12th, and 19th
- Ages: 1-5y
- Prices: \$48R / \$52NR
- Location: Field House Classroom

DES MOINES ACTIVITY CENTER

2045 SOUTH 216TH STREET

BOO BASH

Family Dance Party

SATURDAY OCTOBER 18
5:30 - 8:00 PM

COSTUMES ENCOURAGED!
GAMES & PRIZES
SPOOKY SNACKS
PHOTO BOOTHS
MAKE & TAKE ART



\$10 PER PERSON -OR- \$35 PER HOUSEHOLD

SPACE IS LIMITED TO 100 PEOPLE
REGISTRATION REQUIRED



Des Moines
WATERLAND CITY

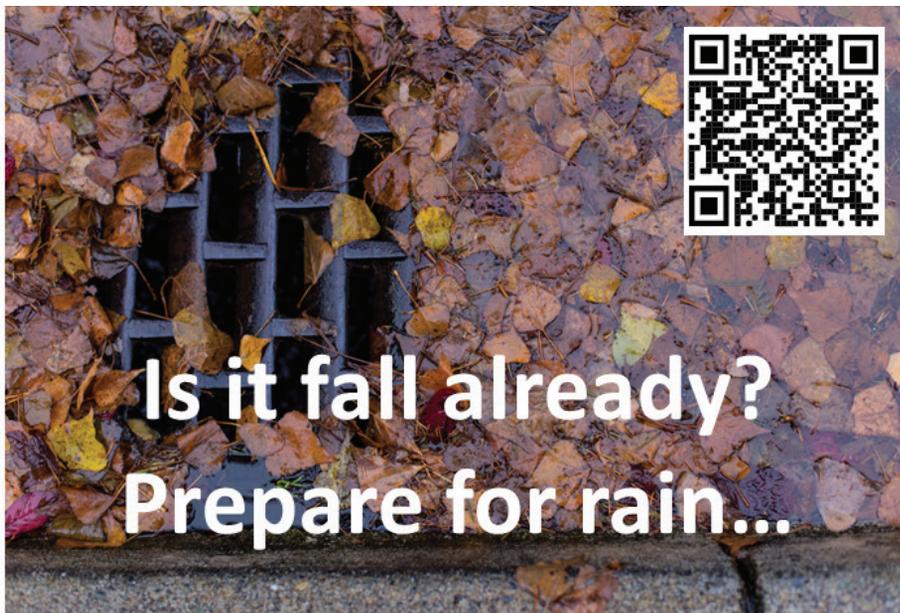
YOUTH ACTIVITIES

School Age Art with Amy

Calling all school aged kids for some fun arts and craft projects including process art, painting (watercolor and acrylics), multi-media projects, mosaics, paper, clay and wood crafting. Kids will be creating multiple art projects within each 4 week session (new projects each session). Expect to get messy and dress accordingly. Parental participation is highly encouraged and appreciated but not required.

Register online at our website, www.desmoineswa.gov/daysmart!

- **Evening Classes:** Tuesdays, 5:30-6:30pm
- Session 1: Sept 30th, Oct. 7th, 14th, and 21st
- Session 2: Oct 28th, Nov 4th, Wednesday Nov 12, and 18th,
- Ages: Kinder-5th Grade
- Prices: \$54R / \$58NR
- Location: Field House Classroom
- **Daytime Classes:** Wednesdays, 12:00-1:00pm
- Session 1: Oct 1st, 8th, 15th, and 22nd
- Session 2: Oct 29th, Nov 5th, 12th, 19th
- Ages: Kinder-5th Grade
- Prices: \$54R / \$58NR
- Location: Field House Classroom



Is it fall already?
Prepare for rain...

It's that time of year again!

When it comes to storm water, here are some things we can all do to protect our homes, property, and the local environment.

GUTTERS: Make sure your gutters are clean and working properly. This can reduce the potential for clogged drains and water backups.

DRAINAGE SYSTEMS: Understand your property's storm water system. A few common systems used throughout Des Moines are splash blocks, French drains, and dispersion trenches. Any type of system receives runoff from hard surfaces (roofs and driveways) using small basins and perforated pipe buried in gravel. Please contact the City for more information on how to identify and maintain these vital systems.

BASIN DEBRIS: Remove debris from basins. As leaves start to fall, make sure they are raked up and disposed of with your yard waste. Leaves and lawn clippings can plug basins and ditches, causing temporary flooding problems.

DRIVEWAYS & SIDEWALKS: Sweep driveways and sidewalks. It may take more time than pressure washing, but sweeping allows you to contain contaminants and dispose of them properly in the garbage. As with vehicles, driveways accumulate more than just dirt. Rubber from tires, metal from brake pads, and oil are some of the common things that build up on driveways. It is important to capture as much of these contaminants as possible, so they can be disposed of properly before washing into the Sound.

PET WASTE: Dispose of pet waste properly. Pet waste contains pathogens and nutrients that can have a negative impact on storm water runoff and the environment. Before going on walks, remember to bring pet waste bags. Remember to always dispose of pet waste bags into a garbage can.

December Gift Making Workshop

This 2-session workshop gives kids the opportunity to make unique art projects that can be given as gifts. Expect to get messy and dress accordingly. Age ranges preschool-elementary. Parental participation is required for preschool and welcomed (but not required) for elementary ages.

- Evening classes: 5:30-6:30pm
- Session 1: Dec 2nd and 9th
- Daytime Classes: Wednesday, 11:00am-12:00pm
- Session 2: Dec 3rd and 10th
- Ages: Preschool-Elementary (3-12y)
- Prices: \$27R / \$29NR
- Location: Field House Classroom

Melanie's Dance Unlimited

Join us to learn the art of dance in a positive, structured, and inspiring environment. Our teachers have a rare combination of professional performing careers and college educations in dance that bring our classes to life! Classes take place at the Field House Gym, Melanie's Dance Unlimited's highly qualified instructors vary based on class subject and availability.

For pricing, program information, and online registration, visit www.melaniesdancers.com!

The City of Des Moines Surface Water Management Department wants to hear from you.

We are looking for feedback on what concerns residents have with regard to surface and storm water. Please submit a "Fix-it" form using the QR code above.

ADULT AND TEEN ENRICHMENT

Good Manners – Basic Dog Obedience

Learn how to be a “Kind, Calm, Confident Pack Leader” and enjoy life with your puppy or dog by learning basic obedience and good manners. We focus on having a positive, fun relationship with your furry family member, training them how to sit stay, walk nicely on leash, and come when called, among other commands. We also discuss good manners to help with barking, chewing, jumping up, etc. Please join us, we are happy to help you and your doggo! Jan Magnuson—owner of Sunstar Dog Training and retired DMPD Animal Care and Control Officer.

- *Wednesday Evenings, 6-7pm*
- *Prices: \$120R/\$129NR*
- *Location: Field House Gym*
- **Six-Week Class Sessions**
- *Fall A: Sept 24, Oct 1, 8, 15, 22, 29*
- *Fall B: Nov 5, 12, 19, (break for Holiday), Dec 3, 10, 17*

January 2026 sessions available online soon at www.desmoineswa.gov/daysmart

We also offer Individual Training opportunities, a 90-minute class with Jan specifically tailored to your family and your pet’s needs. More information and how to schedule those available at www.sunstardogtraining.com.

Basket Weaving

Cell Phone Basket: Tired of looking for your cell phone? Weave this adorable Cell Phone Basket to tuck your phone into while you are busy at your desk, cooking or running from one room to another. It begins with a 2” x 4.5” wooden base and colored spokes. You will overlay your weaving with matching colors and top twining. To wrap it up, you will lace your rim with colored waxed linen and embellish it with beads to make it pop. No prior weaving experience is required, but if you have woven before you will enjoy the new challenges of this basket.

- *Saturday, October 11th*
- *11:00am-4:00pm*
- *Ages: 16y+*
- *Prices: \$70R/\$75NR*
- *Location: Activity Center, 2045 S 216th St., Des Moines, WA 98198*

Mini Baskets: Who doesn’t love all things miniature! Come join us for this fun session where you can weave miniature baskets using the “twining” technique. These are super easy and fun, and you can embellish them with raffia, sea grass, ribbons, buttons etc. You can weave as many as you like in this class. They make terrific ornaments, gift card holders, dried flower holders, teddy bear or doll hats, candy holders etc.—so many uses! No prior weaving experience is required.

- *Saturday, November 8th*
- *11:00am-4:00pm*
- *Ages: 16y+*
- *Prices: \$60R/\$65NR*
- *Location: Activity Center, 2045 S 216th St., Des Moines, WA 98198*

Adult Open Gym – Basketball

Adult open gym basketball is a time to play pick-up basketball with other members of the community. Drop-ins welcome.

- *Mondays, 6:30-8pm*
- *Ages: 18y+*
- *Prices: \$3.00 drop in, \$25.00 for 10-visit punch pass*
- *Location: Field House Gym*

SPECIAL EVENTS

Halloween Costume Swap

Bring your gently used, unneeded costumes (youth or adult, but family appropriate!) to the Field House any time between now and October 1st and we’ll find them new homes! Costumes will be organized by size for our big swap event taking place on October 3rd, 4-6pm. Join us whether you donated a costume or not and pick out something that strikes your fancy!



Breakfast with Santa

Join us for holiday activities, a delicious breakfast, photos with our special guest from the North Pole, and a chance to discuss your wish list with Santa himself! Tickets will be for sale beginning Wednesday, November 12th so keep an eye on our next edition of the currents as well as our website for more information about the event. All children must be accompanied by an adult with a purchased adult ticket.

**See page 31
for more youth
& family events
at the Activity
Center!**

Programs, Activities and Services at The Des Moines Activity Center



Des Moines Activity Center (DMAC)

2045 S 216th Street
Des Moines, WA 98198

MAIN: (206) 878-1642 or 206-870-9370

DMAC Office Hours:

Monday–Friday: 8:30am-4:30pm

During periods of inclement weather, we reserve the right to cancel trips and activities. Additional senior information found on City of Des Moines webpage at www.desmoineswa.gov/senior

DMAC Closures

Monday, September 1, 2025- Labor Day

- Tuesday, November 11, 2025
Veterans Day
- Thursday, November 27, 2025 –
Thanksgiving Day
- Friday, November 28, 2025–
Day after Thanksgiving

Refund/Cancellation Policies for Trips and Classes

Cancellations for any fee must be made at least three (3) business days prior to the start of the trip or class for full refund. Program fees will be nonrefundable to registrants if canceled less than three (3) business days prior to the start of the trip or class. During periods of inclement weather, we reserve the right to cancel trips. Please listen to the Highline School District closures and delays report as we operate in accordance with their inclement weather hours.

What's Happening at the Des Moines Activity Center!

Meals

Hot Lunch at the Activity Center

Join us at the Activity Center to enjoy a warm, nutritious meal in the company of friends! Hot lunches are available every Monday through Thursday, with meals served from 12:00 p.m. to 12:30 p.m. (lunch hours are from 12:00 p.m. to 1:00 p.m.). Lunch punch cards are available at the reception desk. Explore our current menu by visiting www.desmoineswa.gov/senior.

- When: Monday–Thursday from 12:00-12:30pm
- Cost: \$5 per meal

Meals on Wheels

If you need additional food support, Meals on Wheels provides nutritious meal delivery at no cost for people ages 60-plus who qualify. The DMAC operates this program in coordination with Sound Generations. To sign up or to volunteer, visit soundgenerations.org.

Events

Monthly Dessert Social

Join us at the Activity Center on the last Thursday of each month for a complimentary ice cream dessert social! Celebrate each month with treats, friends and fun. Everyone is invited! No RSVPs necessary.

- When: September 25, October 30, November 20
- Time: 12:45pm
- Cost: FREE

AARP Smart Driver™ Course

October 2-3, 9:00am-1:30pm or November 6-7, 9:00am-1:30pm
AARP Smart Driver™ – the updated driving refresher course from AARP Driver Safety will be offered at the Des Moines Activity Center. The class will be taught by certified volunteer instructor Joel Ferguson.

Since 1979, AARP Driver Safety has helped nearly 20 million people stay safe, educated and confident on the road. AARP Smart Driver course participants will learn:

- Valuable defensive driving skills
- Proven safety strategies
- How to stay current with the latest driving technologies
- The current rules of the road, specific to your community
- How to manage and accommodate common age-related changes in vision, hearing and reaction time

Many participants are eligible for a multi-year insurance discount after taking the course. Participants are encouraged to check with their insurance agent to see if they are eligible. There are no tests required to pass the course. This course is open to drivers of all ages and costs \$20 for AARP members and \$25 for non-members. Please bring cash to pay the instructor directly. **Registration required.**



Grief Support Group
An 8-Week Program to Move Beyond Loss
Sept 26–Nov 14, 2025 • Fridays 4–6 PM
Des Moines Activity Center • \$200

Loss comes in many forms—death, divorce, illness, job change, or loss of trust. This evidence-based program offers a safe, supportive path forward.

We've been taught myths like "time heals all wounds" or "be strong for others." But your feelings are natural—and recovery is possible.

"1993–Present, Grief Recovery Institute"

Facilitated by:
Cynthia Zink
Certified Grief Recovery Specialist®
425-523-2062
cynthiazink65@gmail.com
Register at the DMAC or call 206-878-1642

 The Grief Recovery Method

Grief Support Group – Move Beyond Loss

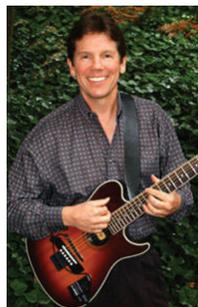
Register for this 8-week program facilitated by Cynthia Zink, Certified Grief Recovery Specialist®.

This evidence-based program offers a safe, supportive path forward through loss. Limited space is available – enroll now!

- *Fridays, September 26–November 14 from 4:00pm–6:00pm*
- *\$200, registration required.*

Live Music & Dancing with Randy Litch

Come enjoy Randy Litch's one-man band! Bring your dancing shoes—he will play a variety of dance music for your listening and dancing pleasure! Please RSVP online or call the DMAC.



- *Wednesday, October 8, 1:00pm–3:00pm*
- *Wednesday, December 10, 1:00pm–3:00pm*
- *Cost: \$8.00 per date*

Medicare Market Update Seminar

Join Neil Woog, Registered Social Security Analyst, for his Annual Medicare Market Update where he discusses what's happening nationally, regionally, and locally with Medicare. Afterward, he will be available to meet with individuals to talk specifically about their plans and changes and answer any questions they may have. Signups for individual appointments are available at the Activity Center front desk.

- *When: Monday, October 13*
- *Time: 10:00am–11:00am Annual Medicare Market Update; individual appointments available 11:00am–1:30pm.*
- *Cost: Free*

NEW! Creative Arts Workshops

New at the DMAC: creative arts workshops for adults! Besides being fun, arts and crafts can improve your mood and self-confidence and reduce stress. These fun workshops are for all levels of crafting skill. Participants must be able to grasp a paintbrush, scissors or other small objects used to create the projects. All supplies are included. Please wear clothing that can get messy as we will be working with non-washable materials. Minimum of 4 enrollments required to hold each workshop.

All Canvas Creations images are used with permission of artist Tracie Keirnan.

Boho Macrame Wall Hanging

Using beautiful fall colors, we will create a sweet and simple macrame wall hanging.

- *Date: Tuesday, September 9*
- *11:30am–12:30pm*
- *\$15*

Canvas Creations: Floating Leaf Painting

With step-by-step instructions, you will create a canvas painting of a floating autumn leaf.

- *When: Friday, September 26*
- *Time: 10:00am–12:00pm*
- *\$20*



Canvas Creations: Moonlit Cats

With step-by-step instructions, you will create a canvas painting of cats in the moonlight.

- *When: Wednesday, October 15*
- *Time: 12:30pm–2:30pm*
- *\$20*



Succulent Pumpkin Centerpiece

Don't miss this opportunity to make a striking centerpiece for your fall events using pumpkins, moss and live succulents.

- *Date: Tuesday, November 4*
- *Time: 11:30am–12:30pm*
- *\$25*



Canvas Creations: Coffee at Sunset

With step-by-step instructions, you will create a canvas painting of a cozy mountain window scene.

- *When: Thursday, November 20*
- *Time: 2:30pm–4:30pm*

Day Trips

Explore the Northwest and leave the driving to us! Trips are for ages 50+ and travel days vary.

During periods of inclement weather, we reserve the right to cancel trips. Please listen for the Highline School District report as we operate alongside school closures and delays. Reservations are required and trips sell out quickly. All sales are final, no refunds on advance ticket purchases.

Please note that a minimum of five participants is required for each trip to proceed.

Ballard Troll and Nordic Museum with lunch at Ray's Boathouse Café

Fashioned entirely out of recycled materials, Frankie Feetsplinters and the other Thomas Dambo trolls are large-scale public art installations that tell a tale of protecting nature and honoring the land and waterways. Frankie Feetsplinter is located right outside the National Nordic Museum, which traces the Nordic themes of connection to nature, sustainability, social justice, and innovation from the earliest anthropological records through contemporary Nordic society. Enjoy a no-host lunch at Ray's Boathouse Café.

- Date: Thursday, September 4
- Time: 9:30am
- Cost: \$20.00

Seattle Storm – WNBA Basketball Game

Cheer on Seattle's professional women's basketball team at Climate Pledge Arena! This evening is Fan Appreciation Night. Limited tickets available – reserve your spot now!

- Date: Tuesday, September 9
- Time: 5:30pm
- Cost: \$65.00

Thorp Fruit & Antique Mall and Lunch at Sunset Café in Cle Elum

Enjoy the freshest produce and best antiques around! In addition to seasonal produce, Thorp Fruit & Antique Mall offers specialty food items, gifts, locally made ice cream, espresso and wine from local businesses. No-host lunch at Sunset Café in Cle Elum.

- Date: Thursday, September 11
- Time: 9:00am
- Cost: \$25.00

Washington State Fair

We're heading to Puyallup for the 125th anniversary celebration at the Washington State Fair! The cost covers transportation and the entrance ticket to the fair.

- Date: Thursday, September 18
- Time: 10:00am
- Cost: \$35.00

Seattle Japanese Garden and Lunch at Pagliacci's Pizza

Seattle Japanese Garden is a 3.5 acre urban sanctuary with winding gravel paths and stone benches that invite you to view the garden slowly and mindfully, in all of its detail—rock, water, lanterns, bridges, buildings, plants and animals. After visiting the garden, enjoy a no-host lunch at Pagliacci's Pizza.

- Date: Wednesday, September 24
- Time: 9:30am
- Cost: \$25.00

Silent Movie: Charlie Chaplin in *The Gold Rush* and Lunch at Uptown Grill

Experience silent films the way they were meant to be seen and heard, accompanied by Dennis James on our 1924 Wurlitzer organ! *The Gold Rush* is one of Charlie Chaplin's most celebrated films. In the film, a prospector goes to the Klondike during the 1890s gold rush in hopes of making his fortune, and is smitten with a girl he sees in a dance hall. This event takes place at the Washington Center for the Performing Arts in Olympia. Enjoy a no-host lunch at the Uptown Grill before the show. Limited tickets available – reserve your spot now!

- Date: Sunday, September 28
- Time: 11:00am
- Cost: \$35.00

Swans Trail Farms – Harvest Festival

This is good old-fashioned fall fun at its best! Located in Snohomish, the Swans Trail Harvest Festival offers a huge variety of activities: U-Pick apples, pumpkin patches, shows and activities, corn maze, cider pressing demonstrations in the Cider Mill, and enjoy warm apple cider donuts made fresh daily. Food stands are also available.

- Date: Tuesday, September 30
- Time: 10:00am
- Cost: \$30.00

Smith Tower with Lunch at O'Donnells

Head to Pioneer Square to tour Seattle's original skyscraper! Don't miss this historical exhibit experience—featuring L.C. Smith's original typewriters and curated artifacts from Smith Tower's storied past. The views are spectacular! Before heading into the tower, we will have lunch at O'Donnells Irish Pub.

- Date: Wednesday, October 8
- Time: 10:00am (lunch at 11am)
- Cost: \$30.00

Seattle Symphony: Warner Brothers presents Bugs Bunny at the Symphony

This new edition of the beloved concert celebrates Bugs Bunny's 85th Anniversary, and the concert's 35th. Over a dozen classic Looney Tunes are projected on the big screen, while their iconic original scores are played live by the Seattle Symphony. Limited tickets available – reserve your spot now!

- Date: Friday, October 10
- Time: 6:30pm
- Cost: \$65.00

Bainbridge Island: Japanese American Exclusion Memorial, lunch at Treehouse Café, and Troll Hunt

Head over with us to beautiful Bainbridge Island! The Bainbridge Island Japanese American Exclusion Memorial honors the first Japanese Americans to be excluded, forcibly removed from their community, and incarcerated during World War II. Our day trip will start at the memorial, followed by a no-host lunch at the Treehouse Café. After lunch, we'll visit Pia the Peacekeeper, a Thomas Dambo troll.

- Date: Thursday, October 16
- Time: 9:00am
- Cost: \$30.00

Amazon Spheres

People have an innate connection to nature, which is often lost in the urban environment. The Spheres were created to reconnect people to nature through biophilic design and provide a space to take in the positive effects of exposure to nature, like increasing creativity and reducing mental fatigue. Each plant inside The Spheres was chosen from the Amazon Plant Collection and is expertly cared for by members of Amazon Horticulture.

- Date: Saturday, October 18
- Time: Will be announced at a later date
- Cost: \$25.00

Snoqualmie Casino

Snoqualmie Casino & Hotel features 1,700 of your favorite state-of-the-art slot machines, 58 classic gaming tables including Baccarat, Fortune Pai Gow, and Roulette to name a few, and award-winning dining venues are sure to please.

- Date: Tuesday, October 21
- Time: 9:30am
- Cost: \$20

Museum of Glass & Lunch at Woven Seafood and Chophouse

The Museum of Glass in Tacoma is dedicated to glass and glassmaking in the West Coast's largest and most active museum glass studio. Watch live

as glass artists work in the Hot Shop, enjoy exhibitions from travelling world artists, and visit the various galleries both permanent and rotating. After the museum, we will enjoy a no-host lunch at Woven.

- Date: Thursday, October 30
- Time: 9:30am
- Cost: \$40

UW Volleyball Game vs. Michigan State

Head to the Alaska Airlines Arena to cheer on the Husky women's volleyball team! Limited tickets available—reserve your spot now!

- Date: Friday, November 7
- Time: 6:00pm
- Cost: \$35.00

Holiday Boutique Craft Show & Old Spaghetti Factory lunch

We're headed to Lynnwood for one of the area's biggest holiday gift shows! Bring a shopping tote for the treasures you'll find. Afterward, enjoy a no-host lunch at the Old Spaghetti Factory.

- Date: Thursday, November 13
- Time: 9am
- Cost: \$20.00

Gilman Village Shopping Trip

Gilman Village in Issaquah is a mixed-use center featuring shops, restaurants, and more- all residing in houses, buildings and other structures preserved from Issaquah's historic past. Enjoy holiday decorations, unique shopping and wonderful dining options.

- Date: Wednesday, November 19
- Time: 9:30am
- Cost: \$20

Wing Luke Museum & Chinatown lunch

The Wing Luke Museum is an art and history museum in Chinatown, which focuses on the culture, art and history of Asian Americans, Native Hawaiians, and Pacific Islanders. Established in 1967, the museum is a Smithsonian Institution affiliate and the only pan-Asian Pacific American community-based museum in the United States. Afterward, explore Chinatown's restaurant offerings with a no-host lunch.

- Date: Wednesday, November 26
- Time: 10:00am
- Cost: \$30.00

**KING COUNTY
SIDE SEWER
REPAIR REBATE**

Homeowner responsibility (Lakehaven)
Homeowner responsibility (Midway)

Source: Seattle Public Utilities

**Side sewer is homeowner's responsibility.
Repair it for your family and property.**

Get up to \$5,000 to pay less to disconnect downspouts, line, or repair pipes.

Questions?
picrebates@kingcounty.gov

www.kingcounty.gov/PicRebates

SUPPORT DES MOINES



Looking to advertise?
Contact Katie Higgins to discuss how to maximize your exposure to residents in Des Moines.

206-914-4248
katie@colibrinw.com

Out to Lunch

Ages 50+. Enjoy a no-host lunch or dinner at favorite eateries around the Puget Sound. All lunch/dinner outings will be considered as walk-ins and may or may not be seated in a group setting. The total bill may be subject to the restaurant's automatic gratuity charge. During periods of inclement weather, we reserve the right to cancel trips.

Reservations required—these outings sell out!

Cost: \$15 transportation fee for each outing

Estimate of entrée and/or appetizer, exclusive of drinks and tips. Please review restaurant menu.

- \$ = \$25 and under
- \$\$ = \$25 to \$40
- \$\$\$ = \$40 to \$55
- \$\$\$\$ = \$55 and over

Sitar \$\$

- Wednesday, September 3
- Kirkland
- Time: 11:00am
- <https://www.sitarindiankirkland.com/>

McMenamins Elks Temple \$\$\$

- Tuesday, September 16
- Tacoma
- Time: 11:30am
- <https://www.mcmenamins.com/elks-temple>

Brunos European Restaurant \$\$

- Friday, September 26
- Lakewood
- Time: 11:30am
- <https://www.brunoseuropeanrestaurant.com/>

Mt. Si Tavern \$\$

- Thursday, October 2
- Snoqualmie
- Time: 11:00am
- <https://mstavern.com/>

Mt. Rainier Railroad Dining Co. \$\$

- Wednesday, October 22
- Elbe
- Time: 10:30am
- <https://www.rrdiner.com/location/mt-rainier-railroad-restaurant/>

The British Pantry \$\$\$

- Wednesday, October 29
- Redmond
- Time: 11:00am
- <https://www.thebritishpantryltd.com/>

Jack's BBQ \$\$

- Thursday, November 6
- SODO
- Time: 11:00am
- <https://jacksbbq.com/sodo/>

Wilde Irish Pub \$\$

- Wednesday, November 12
- Shelton
- Time: 10:30am
- <https://www.wildeirishpub.com/>

Mizu Japanese Steakhouse \$\$\$

- Friday, November 21
- Renton
- Time: 11:00am
- <https://www.mizusteakhouse.com/>

Socializing and Games

Drop-in Socializing & Game Play

Relax, engage, and socialize! The Activity Center is open Monday to Friday from 9:00am-4:00pm for drop-in social activities. Attend one of the scheduled games listed below, or start an impromptu game, puzzle or craft. Spend time with friends and a cup of coffee and relax in our beautiful facility. We always welcome puzzles, games, and craft material donations. Come join us and turn every visit into a day of fun and friendship!

Hand and Foot Card Game

Play your cards right every Monday at the Des Moines Activity Center with Hand and Foot, a classic and exciting card game! Whether you're a seasoned player or new to the game, all are welcome. No partner? No problem! Drop in for fun, strategy, and great company.

- Mondays from 11:00am-2:00pm

Adult Coloring & Painting Club

Unwind, get creative, and connect with others! Join us at the Des Moines Activity Center for an hour of coloring and painting at your leisure. Supplies, including coloring books and pages are provided or you can bring your own project and materials.

- Tuesdays from 10:00-12:00pm

American Mahjong-Experienced

Join us for American Mahjong every Wednesday from 12:00 p.m. to 2:00 p.m. For experienced American Mahjong players only – if you are a beginner, ask about how you can learn to play. Enjoy a friendly and fun afternoon of strategy and connection. It's free, so bring your enthusiasm, your 2025 card, and join the table!

- Wednesdays from 12:00-2:00pm

NEW! Rummikub

Rummikub is a tile-based game that combines the strategy of Rummy with the number manipulation of Mahjong, offering a fast-paced and engaging experience for players of all ages. The game involves arranging numbered tiles into sets and runs, aiming to be the first to clear your rack. Rummikub is simple to grasp for beginners and offers a rewarding experience for experienced players.

- Wednesdays from 2:30-4:30pm

NEW! Chess and Cribbage

Head to the DMAC on Thursday mornings for open chess and cribbage play! Play one or both games for fun, socialization, and brain health. Chess is a game of intellect, requiring foresight, planning, and adaptation where chess players attempt to checkmate their opponent's king. Cribbage is a classic card game known for its blend of luck and strategy, offering a unique and engaging experience for two or more players. All levels are welcome!

- Thursdays from 10:00am-12:00pm

NEW! Mexican Train Dominoes "Dominó Cubano"

Mexican Train Dominoes is a fun, engaging, and strategic game, combining luck and skill as players race to play their dominoes on a central "train" and individual "trains". The game typically uses a double 12 domino set and includes train markers to track each player's progress. Drop in, no reservations needed.

- Fridays from 10:00am-1:00pm



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your first booking. **GET \$10 OFF!**

Fitness & Movement

During periods of inclement weather, we reserve the right to cancel classes and activities. Please listen for the Highline School District report as we operate alongside school closures and delays.

EnhanceFitness

Energize your week with EnhanceFitness! This dynamic class, which costs just \$25 for a four-week series or \$7 per drop-in, combines cardio, strength training, and flexibility exercises to improve health and vitality.

- Mondays 9:00-10:00am, no class on 9/1

Tai Chi

Join instructor John Lindsay for a class that combines health-enhancing exercises focused on fun and longevity. This course features both Introductory and Continuation Levels, introducing students to fundamental Tai Chi movements and the 24-pattern sequence. The focus is on gentle, flowing movements that promote balance, strength, and vitality without impact. Please wear comfortable, loose-fitting clothing. Come experience your first class for free!

- Tuesdays & Thursdays 1:00-2:00pm
- September 2-25, 8 classes, \$60/session
- September 30-October 16, 6 classes, \$45/session
- October 28-November 20 (no class on Veteran's Day 11/11), 7 classes, \$52.50/session



DES MOINES MARINA
OKTOBERFEST
2025
Quarterdeck

Presents:
**MUSIC,
BEER &
BRATWURST**

4:30 PM TO CLOSE BOTH DAYS
**SATURDAY & SUNDAY
SEPTEMBER 20 & 21**

Health & Social Services

Health and Social Services are at no cost, unless stated. In case of inclement weather, we follow the Highline School District's guidelines for closing



Foot Care

Take care of your feet with our Foot Care services! Appointments are 20-30 minutes long and cost \$40, payable directly to the technician. They offer personalized care to keep your feet healthy and comfortable. The technician will help with nail trimming, callus care, and overall foot health in a relaxing and welcoming environment. **Call DMAC today to schedule your appointment** and give your feet the attention they deserve!

- Every 2nd and 4th Friday of the month
- Time: 9:00-1:00pm by appointment

Caregiver & Grief Support Group

Des Moines Activity Center hosts a twice-monthly caregiver and grief support group led by Cynthia Zink, Grief Recovery Method Specialist. In a supportive, informal group, share with others who are experiencing the same joys and challenges, and who can empathize and offer valuable insights, suggestions and resources. No registration necessary for this drop-in offering.

- Every 2nd and 4th Tuesday of the month
- Time: 11:00-12:00PM
- No group on 11/11

Statewide Health Insurance Benefits Advisors (SHIBA) Services

Need assistance with Medicare? Our knowledgeable SHIBA volunteer offers free, unbiased guidance to ensure you have the information you need to make confident decisions. **Please call to make an appointment.**

- Every 3rd Monday of the month
- Time: 9:00-12:00pm by appointment
- Cost: Free

Senior Community Health Screening (POCAAN)

Take charge of your health with free Senior Community Health! Services include vital checks, glucose testing, and nutritional assessments. Need a medication review? Please give us at least one week notice at the Activity Center reception desk so we can notify the POCAAN team.

- Every 2nd Monday of the month
- Time: 10:00-1:30pm
- Cost: Free



Des Moines Elder Law

Need legal guidance? Receive expert advice on wills, powers of attorney, living wills, trusts, estate planning, community property agreements, and probate. **Appointments are required.** Call DMAC today to schedule your appointment and gain peace of mind about your future.

- Every 3rd Thursday of the month
- Time: 10:00-12:00pm by appointment
- Cost: Free

Medical Lending Closet

A medical lending closet is a valuable community resource that provides essential medical equipment to individuals in need, free of charge. Our closet offers a wide variety of items, including walkers, shower chairs, wheelchairs, and commodes, ensuring that people facing temporary or long-term mobility or health challenges have access to the tools they need for daily living. All items are loaned out at no cost, although donations are graciously accepted to help us maintain and expand this service. Whether recovering from surgery, managing an illness, or supporting a loved one, the medical lending closet is here to provide support and make life a little easier. **Please call ahead to inquire about the availability of wheelchairs and walkers, or if you are planning to donate an item to the lending closet.**

Volunteer Opportunities

The success of the Activity Center is made possible by the dedication and support of our incredible volunteers. We offer a variety of opportunities for community members to get involved and make a meaningful impact. Roles include assisting at reception, hosting card/board games, leading art projects, assisting in the kitchen, setting up the dining room, serving as a lunch host or hostess, supporting our special events team, and much more. Volunteering not only enhances the programs and services we provide but also fosters a sense of connection and purpose.

To learn more about how you can contribute, please email kpayne@desmoineswa.gov. Your time and talents can make a difference!

Family / Youth Activities

Boo Bash Family Dance Party

Join us at the Activity Center for a spooktacular Halloween dance party featuring activities for the whole family! Enjoy a dance party with a DJ, costume parade, games and prizes, photo backdrops, make & take art, snacks and more. Space is limited to 100 participants – register now!

- Saturday, October 18 from 5:30-8:00pm
- \$10 per person or \$35 per household

TEEN VOLUNTEER OPPORTUNITY:

We want this event to be as awesome as possible! If you are a teen interested in volunteering during this special event, please email Kim at kpayne@desmoineswa.gov.

Creation Station Art Workshops

Join us the Activity Center for workshops designed for kids to have fun while creating arts and crafts masterpieces! All supplies are included. Please wear clothing that can get messy as we will be working with non-washable materials. Enrollment is required. Minimum of 5 enrollments required to hold the class.

All Canvas Creations images are used with permission of artist Tracie Keirnan.

- Ages: 6 & older
- Cost: \$15 per person per date

Canvas Creations: Fall Gnome

- Tuesday, September 23
- Time: 4:30-6:00pm

Canvas Creations: Halloween Treats

- Tuesday, October 21
- Time: 4:30-6:00pm

Canvas Creations: Otter Bliss

- Thursday, November 13
- Time: 4:30-6:00pm

Canvas Creations: Squeegee Painting

Get creative with paint, paper, and a squeegee! This highly satisfying art technique will be used on paper for practicing and a final themed canvas project.

- Friday, October 24
- 4:30-5:30pm



A community day to connect + celebrate people, pups + planet.

**Saturday
Sept 6, 2025**

Des Moines, WA

Learn more + get involved:

WaterlandWoof.com



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Join us for our FREE Fall Community Academy

Basic Class starts on Wednesday,
September 24, 2025

Advance Class starts on Tuesday,
September 16, 2025

Basic Community Academy
September 24—November 12
6:30pm—9pm

The Basic Community Academy is an 8-week program for Des Moines residents, and those who work here.

Designed to acquaint participants with their police department and gain a better understanding of law enforcement's role in the criminal justice system. Upon completion, we hope that participants have an appreciation for the many challenges facing law enforcement today.

Advance Community Academy
September 16—October 7
6:30pm—8:30pm

The Advance Community Academy is a 4-week program for Des Moines residents, and those who work here.

Building upon everything you have learned in the Basic Community Academy, more in depth conversations and an introduction to law enforcement partners and specialty programs.

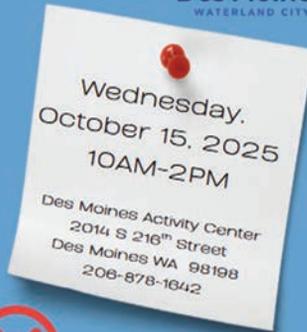
Registration is required for both sessions. Space is limited. For more information or to register for either session, please contact: CSO Tonya Seaberry at (206) 870-7619 or tseaberry@desmoineswa.gov

SHREDDING EVENT!



ACCEPTED ITEMS

- Paper: Receipts & Bills
- File Folders
- Envelopes
- Bank Statements
- Cancelled Checks
- Staples are OK



Open to all residents



NOT Accepted

- Cardboard
- Newspaper
- Boxes
- X-Rays
- Plastic

NATIONAL COFFEE WITH A COP DAY!



HIGHLINE
COLLEGE



Wednesday, October 1, 2025 - 11AM
Highline College – BUILDING 8

The mission of Coffee with a Cop is to break down barriers between police and community members by removing agenda's and allowing the opportunity for meaningful conversation.

Added bonus for stopping in to chat with us, we will be handing out **FREE** Steering Wheel Locks while supplies last. (One per person and proof of vehicle ownership is required)